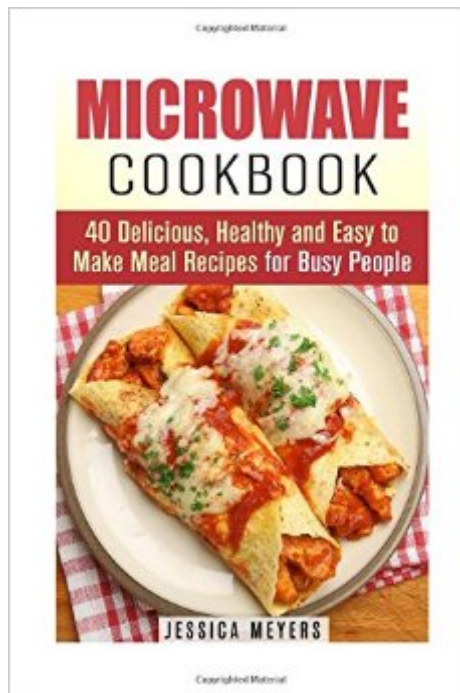


The book was found

Microwave Cookbook: 40 Delicious, Healthy And Easy To Make Meal Recipes For Busy People (Quick And Easy Microwave Meal Recipes)



Synopsis

Today's busy consumer has only so many minutes in a day, and often has neither the time nor the energy to prepare meals with a long list of ingredients or complicated instructions. Cooking time and meal preparation is at a premium and no one wants to slave over a hot kitchen stove. This book contains forty delicious and quick recipes one can make using just the microwave oven to feed a hungry family. If you need new ideas for healthy meals and have neither time nor patience to spend hours chopping and cooking, this is the right book for your challenging life. Do you need? New meal ideas that won't break your budget? Something quick and delicious that won't dirty every pan in the kitchen? Nutritious ingredients that also taste yummy? A healthful alternative to fried or fast foods? A better way to make use of your microwave? In this book, we have new concepts in microwave cooking that go way beyond heating a frozen dinner or instant cup of soup. Try our new, distinctive and savory meals for a lift to your wearisome and repetitious meal plans. We know you will enjoy these delightful dishes to share with your family and friends.

Book Information

Series: Quick and Easy Microwave Meal Recipes

Paperback: 64 pages

Publisher: CreateSpace Independent Publishing Platform (September 15, 2015)

Language: English

ISBN-10: 151735773X

ISBN-13: 978-1517357733

Product Dimensions: 6 x 0.2 x 9 inches

Shipping Weight: 1.9 pounds (View shipping rates and policies)

Average Customer Review: 3.4 out of 5 stars [See all reviews](#) (5 customer reviews)

Best Sellers Rank: #975,536 in Books (See Top 100 in Books) #101 in [Books > Cookbooks, Food & Wine > Cooking Methods > Microwave Cooking](#)

Customer Reviews

I'm really glad to have this cookbook as microwave dishes is a quick and easiest way in cooking. There are several recipes we are so eager to try, perfect for morning hours when all are busy. Now I don't need to worry, my daughter can cook some dishes on her own easily, plus there are lovely desserts. That's really good to give some inspiration and easy recipes for my little cook, she enjoys a lot not just eating....

Wow!! That's amazing you can cook almost everything in microwave. It's less time consuming than the traditional style of cooking . I am so happy I get to spend more time outside the kitchen. The recipes are tasty, easy and there are lesser pans in the kitchen sink. I love this book .

Didn't realize that this was not a full size cookbook It reminded me of "free gifts" you get with magazine subscriptions

Teeny tiny book.

Thank You

[Download to continue reading...](#)

Microwave Cookbook: 40 Delicious, Healthy and Easy to Make Meal Recipes for Busy People (Quick and Easy Microwave Meal Recipes) Instant Pot Cookbook: The Quick And Easy Pressure Cooker Guide For Smart People - Healthy, Easy, And Delicious Instant Pot Recipes Quick & Easy Recipes: Over 50 Simple and Delicious Vegan & Vegetarian Rice Cooker Recipes That Anyone Can Make! Recipes for Weight Loss & Overall ... (Rice cooker Recipes - Rice Cooker Cookbook) Pressure Cooker Cookbook: 100 Quick, Easy, and Healthy Pressure Cooker Recipes for Nourishing and Delicious Meals (Pressure Cooker Recipes, Pressure Cooker) (Volume 1) Amazing Panini Press Recipes: 51 Quick & Easy, Delicious Panini Sandwich Recipes for the Busy Person Using a Panini Press Grill Japanese for Busy People I: Romanized Version 1 CD attached (Japanese for Busy People Series) Japanese for Busy People I (Japanese for Busy People)(Revised Edition) (Vol 1) Japanese for Busy People III: CDs (Japanese for Busy People Series) (Pt.3) Greek Cuisine Cookbook: 50 Easy and Delicious Greek Recipes (Greek Recipes, Mediterranean Recipes, Greek Food, Quick & Easy) Integrated Microwave Front-Ends with Avionics Applications (Artech House Microwave Library (Hardcover)) The Greek Yogurt Kitchen: More Than 130 Delicious, Healthy Recipes for Every Meal of the Day American Heart Association Quick & Easy Cookbook, 2nd Edition: More Than 200 Healthy Recipes You Can Make in Minutes Pressure Cooker Cookbook: 370 Quick, Easy, and Healthy Pressure Cooker Recipes for Amazingly Tasty and Nourishing Meals (Pressure Cooker, Electric Pressure Cooker Cookbook) Delicious Baking for Diabetics: 70 Easy Recipes and Valuable Tips for Healthy and Delicious Breads and Desserts Best 50 Clean Eating Salad Recipes for Quick Weight Loss & Detox: Delicious & Healthy Recipes Cooking Healthy with a Food Processor: A Healthy Exchanges Cookbook (Healthy Exchanges Cookbooks) The Healthy Hound Cookbook: Over 125 Easy Recipes for Healthy, Homemade Dog Food--Including

Grain-Free, Paleo, and Raw Recipes! Rice Cooker Recipes: 50+ Rice Cooker Recipes - Quick & Easy for a Healthy Way of Life (Slow cooker recipes - rice cooker - recipes) Paleo Freezer: Delicious, Fix & Freeze, Gluten-Free, Paleo Recipes for Busy People (Paleo Diet Solution Series) The Six O'Clock Scramble Meal Planner: A Year of Quick, Delicious Meals to Help You Prevent and Manage Diabetes

[Dmca](#)